

STARTERS

1. CHICKEN TIKKA Boneless chicken	£3.95	15. GARLIC MUSHROOM 'Indian style'	£3.95
2. LAMB TIKKA Boneless lamb	£3.95	16. NARGIS KEBAB Hard boiled egg coated with minced meat, topped with an egg omelette	£4.95
3. SHEEK KEBAB Cooked on skewer	£3.95	17. ONION BHAJI	£2.95
4. TANDOORI CHICKEN	£3.95	18. CHICKEN PAKORA	£3.95
5. RASHMI KEBAB	£4.50	19. MURGH PEPPER / LAMB	£5.50
6. SHAMI KEBAB	£3.95	20. CHICKEN CHAT On puree	£3.95
7. MIXED PLATTER	£4.50	21. ALOO CHAT Puree	£3.95
8. PRAWN PUREE With unleavened bread	£3.95	22. POPPADOMS	£0.70
9. KING PRAWN PUREE	£4.50	23. SPICY POPPADOMS	£0.70
10. BELL PUREE Vegetables with unleavened bread	£3.95	24. MANGO CHUTNEY/PICKLES	£0.70
11. CHANA PUREE	£3.95	25. COCONUT CHUTNEY	£0.70
12. PRAWN COCKTAIL	£3.95	26. ONION SALAD	£0.70
13. KING PRAWN BUTTERFLY	£4.95	27. MINT SAUCE	£0.70
14. SAMOSA Meat or vegetable	£3.95	28. PICKLE TRAY	£3.00

MIAH SIGNATURE DISHES

29. TANDOORI SALMON Marinated in tandoori masala, cooked in a clay oven called a tandoor. Mild. Served with salad.	£10.95
30. TALAPIA TROPICAL Cooked with aromatic spices in tamarind sauce, served with rice. Mild or hot.	£11.95
31. PANGASH TROPICAL White fish fillet shallow fried with turmeric chilli and lemon juice in a sauce. Mild or hot. Served with rice.	£11.95

Fresh cooking every day

Miah
Traditional Indian Restaurant

MAIN COURSE

SPECIAL PALAK BAHAR

Cooked with spinach, prawn and potatoes, medium

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|------------------------------|-------|
| 32. CHICKEN OR LAMB | £7.95 |
| 33. SAGWALA / CHICKEN / LAMB | £6.95 |

BADAMI DISHES

Cooked with cashew-nuts, almonds, mild and creamy

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| 34. CHICKEN OR LAMB | £7.95 |
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MURGH CHARGA DISHES

Cooked in special aromatic prepared tandoori sauce and kebab, medium. Rice not included

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| 35. CHICKEN | £7.95 |
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SPECIAL GARLIC DISHES

Medium, cooked with fresh herbs, spice and garlic. Rice not included

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| 36. CHICKEN TIKKA | £7.95 |
| 37. LAMB TIKKA | £7.95 |
| 38. TANDOORI KING PRAWN | £8.95 |
| 39. HOUSE SPECIAL | £9.50 |
| Mixed with chicken, prawn and king prawn | |

CHICKEN MUMTAZ

Breast of chicken rolled, marinated in fresh herbs, spice, tandoori oven cooked and minced meat, with rice

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| 40. CHICKEN MUMTAZ | £11.95 |
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RED HOT CALCUTTA

Cooked in special tandoori sauce, with rice

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| 41. CHICKEN | £8.95 |
| 42. LAMB | £8.95 |
| 43. KING PRAWN | £9.50 |

RYEHANI DISHES

Slightly hot and sweet aromatic dish cooked in tamarind sauce

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| 44. CHICKEN | £8.95 |
| 45. KING PRAWN | £9.95 |

BENGAL KING PRAWN

Medium cooked with fresh lemon juice, tamarind and aromatic spices

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| 46. KING PRAWN | £9.95 |
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HARYALI CHICKEN OR LAMB

Green tikka cooked with spinach, green chilli in a coriander sauce.

Served with rice

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| 47. HARYALI CHICKEN OR LAMB | £11.95 |
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We only use 100% colestral free oil

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Traditional Indian Restaurant

MAIN COURSE

TANDOORI

All tandoori dishes are marinated in special herbs and spices and cooked on skewers in a clay oven called a tandoor. Served with salad and a tandoori mint sauce.

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| 48. TANDOORI MIXED GRILL | £9.95 |
| Mixture of chicken, sheek kebab meat, tandoori chicken & naan | |
| 49. TANDOORI CHICKEN | £9.95 |
| Whole and on the bone | |
| 50. TANDOORI CHICKEN | £6.95 |
| Half and on the bone | |
| 51. CHICKEN TIKKA | £6.95 |
| 52. LAMB TIKKA | £6.95 |
| 53. CHICKEN SATAY | £8.95 |
| Served with naan and coconut sauce | |
| 54. SHEEK KEBAB | £6.95 |
| Minced meat cooked on skewer | |
| 55. CHICKEN TIKKA SHASHLICK | £7.95 |
| Chicken tikka, onion and capsicum cooked on a skewer | |
| 56. LAMB TIKKA SHASHLICK | £7.95 |
| Lamb tikka, onion and capsicum cooked on a skewer | |
| 57. TANDOORI KING PRAWN Shelled | £9.95 |
| 58. CHICKEN PAKORA | £7.95 |
| Served with salad and mint sauce | |

KEEMA

Mince is not at all an underrated item in Indian cookery. In fact the recipe elevates minced meat to gourmet status. Served with pilau rice.

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| 66. KEEMA CURRY | £8.95 |
| Kofta are popular throughout India and they are made using fine lean mince which is blended with herbs and spices | |
| 67. KEEMA - SALLY - MATAR | £8.95 |
| This superb mince dish is another contribution from the ancient Persians who have settled in India and have come to be known as the Parsis | |
| 68. KOFTA BHUNA | £8.95 |
| Consists of tiny meatballs, the size of marbles which are coated with a delicious spice | |
| 69. KEEMA MATTAR | £8.95 |
| Lean mince is combined with peas and ground almond. Garnished with a boiled egg | |
| 70. KEEMA SHAHZADA with cashew nut | £8.95 |
| 71. EGG POTATO DUM | £8.95 |
| Hard boiled eggs are very popular in the North Eastern part of India. Here eggs are cooked with potatoes and fried first until they form a light crust | |
| 72. NARGIS KEBAB | £8.95 |
| Hard boiled eggs coated with minced meat, topped with an egg omelette. Served with salad and a mint sauce. | |

HOUSE SPECIALITY CURRIES

(All dishes below served with Pilau rice)

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| 59. CHICKEN/LAMB CHANA | £10.65 | 73. ACHAR CHICKEN/LAMB | £11.95 |
| Chana dishes are well spiced medium to slightly hot curries, topped with chickpeas to create a tantalising aroma & seductive flavour. | | Served with keema rice. Delicious dish cooked in olive oil, garlic, onions, red and green peppers with almonds in a sweet and tangy tamarind sauce. | |
| 60. CHICKEN/LAMB MAKONWALA | £10.65 | 74. BENGAL JHALFA | £11.95 |
| Mild creamy curry slightly sweet with light spice & almonds, cooked with cheese. | | A combination of chicken or lamb tikka pieces cooked with mushrooms, peppers and onions in a flavoursome tangy sauce, fairly hot. | |
| 61. CHICKEN/LAMB SHASHLIK CURRY | £10.65 | 75. MURGH SYLHETY | £10.95 |
| Shashlik dishes are cooked with a unique blend of exotic spices, along with green peppers, onion and tomatoes sprinkled with freshly chopped coriander. | | Sliced chicken breast, served medium hot together with green peppers, onions and soy sauce, an exotic experience. | |
| 62. GORCHI CHICKEN/LAMB | £10.65 | 76. MURGH SUNAM | £10.95 |
| Thin slices of chicken or lamb cooked in exotic light spicy cream sauce with green peppers garnished with fresh coriander. | | A mild creamy, sweet curry cooked with Malibu. | |
| 63. MAZZA KING PRAWNS | £13.95 | 77. MURHA MASSALAM | £10.95 |
| King prawns cooked in a spicy thick sauce with capsicum & onions, flavoured with methi leaves, exotic spices and herbs. | | Marinated breast of chicken, roasted and cooked with minced meat and boiled egg in a mild sauce. | |
| 64. CHATGA PRAWNS | £14.95 | 78. MURGH BHAZZAN | £10.95 |
| A truly magnificent dish of king prawns from the Bay of Bengal, marinated in a mixture of spices & cooked in the tandoor (clay oven). Curried in a medium sauce with onions, green peppers, tomatoes and coriander. | | Strips of chicken breast cooked with onions, garlic & pimento in a medium sauce. Garnished with tomatoes and coriander. | |
| 65. CHICKEN/LAMB KHADARI | £10.65 | 79. CHICKEN/LAMB ALPHONA | £11.95 |
| A truly fantastic dish with a combination of medium chicken or lamb topped with medium hot minced lamb ... fit for the kings. | | Cooked using chicken or lamb tikka with fresh cream, egg and exotic mixture of spices. | |

Miah
Traditional Indian Restaurant

MAIN COURSE

BIRYANI DISHES

These dishes are mild dishes of basmati rice cooked in herbs and spices and garnished with tomatoes. Served with mixed vegetable curries.

80. CHICKEN BIRYANI	£7.95
81. LAMB BIRYANI	£7.95
82. PRAWN BIRYANI	£7.95
83. TANDOORI KING PRAWN	£9.95
84. CHICKEN TIKKA BIRYANI	£8.95
85. LAMB TIKKA BIRYANI	£8.95
86. VEGETABLE BIRYANI	£6.95
87. HOUSE SPECIAL BIRYANI	£9.95

Mixed with chicken, prawn and king prawn, egg omelette

TRADITIONAL BALTI

These dishes are served with naan bread. Our balti dishes are cooked with a special balti sauce and can be served mild, madras or vindaloo, hot.

88. MIAH SPECIAL BALTI	£8.95
89. CHICKEN BALTI	£6.95
90. LAMB BALTI	£6.95
91. CHICKEN TIKKA BALTI	£7.50
92. LAMB TIKKA BALTI	£7.50
93. PRAWN BALTI	£7.95
94. KING PRAWN BALTI	£8.50
95. VEGETABLE BALTI	£6.50

HOUSE SPECIALITIES BIRYANI

96. MALAYAN CHICKEN BIRYANI	£9.95
With pineapple egg omelette	
97. PERSIAN CHICKEN BIRYANI	£9.95
With banana omelette	
98. EGG BIRYANI	£7.95
Mild / hot	
99. CHEF'S HOUSE BIRYANI	£9.95
Chicken, lamb, potato, mushroom, onion, capsicum with lettuce	
100. CHICKEN/LAMB MUSHROOM	£8.95
101. CHICKEN & PRAWN BIRYANI	£8.95
102. CHICKEN KEEMA BIRYANI	£8.95
With minced meat	

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MAIN DISHES

MILD

MASALA DISHES

These are tandoori dishes prepared in tandoori masala with fresh cream.
Rice not included.

103. CHICKEN TIKKA	£7.95
104. LAMB TIKKA	£7.95
105. KING PRAWN	£8.50
106. VEGETABLE	£5.95
107. HOUSE SPECIAL	£8.95
Mixed with chicken, prawn and king prawn	

SPECIAL PASANDA

This is a mild tandoori dish, prepared in tandoori massala cooked with fresh cream and garnished with flaked almonds, sultanas and fresh cream
Rice not included.

108. CHICKEN	£7.95
109. LAMB	£7.95
110. KING PRAWN	£8.95
111. VEGETABLE	£5.95
112. HOUSE SPECIAL	£9.50
Mixed with chicken, prawn and king prawn	

KURMA CURRIES

Very mild, cooked with cream and coconut.
Served with pilau rice.

113. CHICKEN	£8.95
114. LAMB	£8.95
115. PRAWN	£8.95
116. KING PRAWN	£9.50
117. VEGETABLE	£6.95
118. HOUSE SPECIAL	£9.50
Mixed with chicken, prawn and king prawn	

MALAYAN CURRIES

Very mild creamy with pineapple.
Served with pilau rice.

119. CHICKEN	£8.95
120. LAMB	£8.95
121. KING PRAWN	£9.50
122. VEGETABLE	£6.95
123. HOUSE SPECIAL	£9.50
Mixed with chicken, prawn and king prawn	

KASHMIRI CURRIES WITH FRUITS

Very mild cooked with lychees.
Served with pilau rice.

124. CHICKEN	£8.95
125. LAMB	£8.95
126. PRAWN	£7.95
127. KING PRAWN	£9.50
128. VEGETABLE	£6.95
129. HOUSE SPECIAL	£9.50
Mixed with chicken, prawn and king prawn	

BUTTER CURRIES

Cooked in butter sauce and cream.
Rice not included.

130. CHICKEN TIKKA	£7.95
131. LAMB TIKKA	£7.95
132. KING PRAWN	£8.95
134. VEGETABLE	£6.50
135. HOUSE SPECIAL	£8.95
Mixed with chicken, prawn and king prawn	

MAIN DISHES

MEDIUM

CURRY

Served mild or medium.

136. CHICKEN / CHICKEN TIKKA	£6.50
137. LAMB	£6.50
138. PRAWN	£6.95
139. KING PRAWN	£7.50
140. VEGETABLE	£5.95
141. MIXED	£7.95

BHUNA

Cooked with tomato and onions, mild or medium.

148. CHICKEN / CHICKEN TIKKA	£6.95
149. LAMB	£6.95
150. PRAWN	£6.95
151. KING PRAWN	£7.95
152. VEGETABLE	£5.95
153. MIXED	£7.95

DUPIAZA

Means twice onion
mild dry with fried onions.

160. CHICKEN / CHICKEN TIKKA	£6.95
161. LAMB	£6.95
162. PRAWN	£6.95
163. KING PRAWN	£7.95
164. VEGETABLE	£5.95
165. MIXED	£7.95

ROGAN JOSH

Medium hot with tomatoes and onions.

142. CHICKEN / CHICKEN TIKKA	£6.95
143. LAMB	£6.95
144. PRAWN	£6.95
145. KING PRAWN	£7.50
146. .VEGETABLE	£5.95
147. MIXED	£7.95

PATHIA

Sweet and sour, medium hot.

154. CHICKEN / CHICKEN TIKKA	£6.95
155. LAMB	£6.95
156. PRAWN	£6.95
157. KING PRAWN	£7.95
158. VEGETABLE	£5.95
159. MIXED	£7.95

DANSAK

Served with pilau rice, fairly hot cooked with pineapple
and lentils.

166. CHICKEN / CHICKEN TIKKA	£8.95
167. LAMB	£8.95
168. PRAWN	£7.95
169. KING PRAWN	£8.95
170. VEGETABLE	£6.95
171. HOUSE SPECIAL	£9.50

Mixed with chicken, prawn and king prawn

MAIN DISHES

HOT

MADRAS CURRIES

172. CHICKEN / CHICKEN TIKKA	£6.50
173. LAMB	£6.50
174. PRAWN	£6.95
175. KING PRAWN	£7.50
176. VEGETABLE	£5.95
177. MIXED	£7.95

VINDALOO CURRIES

178. CHICKEN / CHICKEN TIKKA	£6.95
179. LAMB	£6.95
180. PRAWN	£6.95
181. KING PRAWN	£7.50
182. VEGETABLE	£5.95
183. MIXED	£7.95

SPECIAL KORAI DISHES

These are special curries, cooked dry with herbs and spices in red wine with fresh tomatoes, chopped onions and capsicum. These are mild dishes and can be made as madras or vindaloo, hot.

184. CHICKEN / CHICKEN TIKKA	£7.95
185. LAMB	£7.95
186. PRAWN	£7.95
187. KING PRAWN	£8.50
188. VEGETABLE	£5.95
189. HOUSE SPECIAL	£8.95
Mixed with chicken, prawn and king prawn	

SPECIAL JHALFREZI

Tandoori curries cooked in chopped onions, capsicum and tomatoes, garnished with very hot chillies.

190. CHICKEN	£7.95
191. LAMB	£7.95
192. PRAWN	£7.95
193. KING PRAWN	£8.95
194. VEGETABLE	£6.25
195. HOUSE SPECIAL	£8.95
Mixed chicken, prawn and king prawn	

RAZALA

These are hot dishes (as madras) prepared with minced meat

196. CHICKEN / CHICKEN TIKKA	£7.95
197. LAMB	£7.95
198. PRAWN	£7.95
199. KING PRAWN	£8.95
200. HOUSE SPECIAL	£8.95
Mixed with chicken, prawn and king prawn	

SIDE DISHES

VEGETABLE

These dishes are cooked with a slight curry flavour

201. MIXED VEGETABLE CURRY	£3.25	212. SAG ALOO	£3.25
		Spinach and potato	
202. MIXED VEGETABLE BHAJI	£3.25	213. TARKA DALL	£3.25
203. BOMBAY POTATO BHAJI	£3.25	Lentils with fried garlic	
204. CAULIFLOWER BHAJI	£3.25	214. CHANA MASALA	£3.25
205. MUSHROOM BHAJI	£3.25	Chick peas	
206. SAG BHAJI	£3.25	215. DALL SAMBA	£3.25
207. BINDI BHAJI okra	£3.25	Vegetable and lentils	
208. BRINJAL BHAJI aubergine	£3.25	216. ALOO MUSHROOM	£3.25
209. METHI VEGETABLE	£3.25	217. PEAS PANIR	£3.25
210. ALOO CHANA	£3.25	218. SAG PANIR	£3.25
Potato and chick peas		219. ALOO PIECES	£3.25
211. ALOO GOBI	£3.25	With special masala sauce	
Cauliflower and potato		220. BINDI DUPIAZA	£3.25

MIAH SET MEALS

4 PERSONS

Mixed Starter
 Poppadoms, Pickle Tray
 Chicken Tikka Masala
 Korai Chicken Tikka
 Lamb Garlic
 Lamb Dansak
 Bindi Dupiaza
 Bombay Potato
 4 x Rice
 2 x Naan
 £65.00

4 - 6 PERSONS

KURSI LAMB
 4 - 6 persons
 24 Hours Notice required
 £79.95
 including starters

Miah
 Traditional Indian Restaurant

RICE & BREAD

RICE (basmati)

221. PLAIN RICE	£2.20
222. PILAU RICE	£2.35
223. SPECIAL FRIED RICE Peas, onion and egg with sultana	£2.95
224. LEMON RICE	£2.95
225. MUSHROOM RICE	£2.95
226. PEAS PILAU RICE	£2.95
227. ONION PILAU RICE	£2.95
228. PRAWN PILAU RICE	£3.25
229. RAITHA ONION / CUCUMBER	£2.50
230. FRIED RICE (with cumin)	£2.95
231. COCONUT RICE	£2.95
232. NAVARATAN RICE (fruity)	£3.25
233. KEEMA RICE	£2.95
234. GARLIC RICE	£2.95
235. TIKKA RICE	£3.25
236. CHIPS	£1.95

NAAN and ROTI (not buttered)

237. NAAN Leavened bread cooked in our clay oven	£2.20
238. KEEMA NAAN Stuffed with mincemeat	£2.50
239. VEGETABLE NAAN	£2.50
240. GARLIC NAAN	£2.50
241. PESHWARI NAAN Flavoured with sultanas and coconut	£2.50
242. PUREE Unleavened bread	£1.50
243. ROTI Leavened bread	£2.20
244. PAROTHA Unleavened bread cooked on a griddle	£2.20
245. VEGETABLE PAROTHA Stuffed with mixed vegetable	£2.50
246. CHAPATI Unleavened bread cooked on a griddle not buttered	£1.50
247. HOUSE NAAN	
248. COCONUT TWIST	£2.95
249. ALMOND TWIST	£2.95
250. MAYPOLE SYRUP TWIST With coconut	£2.95
251. CHEESE NAAN	£2.95
252. CHILLI NAAN With corrianda	£2.95